

**National Alliance of Methadone Advocates Inc.**  
435 Second Avenue New York, NY 10010  
Phone/Fax (212) 595-NAMA

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***Certified Methadone Advocate***

**Instructions to Complete Your Training**

After today's training you need to pass a test that is open book. There are 20 questions and 2 bonus questions. Return the test with your completed Application for Certified Methadone Advocate that is included in this package.

You can get a copy of the test as you leave or you can download it from our website.

1. Get a copy of the CMA Test for 2009 you can download it from the NAMA website at <http://www.methadone.org> or contact Walter Ginter at 718-993-3397.
2. Complete the test and fill out the Application for Certified Methadone Advocate. Make sure that you print your name carefully in the space. This should also be how you want your name to appear on the CMA Certificate.
3. Sent both the test and the application.

You can send it electronically to Joycelyn Woods email [edirector@methadone.org](mailto:edirector@methadone.org). If you send it electronically type your name in and check the box below the line that says your typed name is equivalent to your signature.

You can mail it to:

**NAMA CMA Training  
435 Second Avenue  
New York, NY 10010**

If you have any questions please contact Walter Ginter.

**APPLICATION FOR Certified Methadone Advocate (CMA)**

I, \_\_\_\_\_ apply to the National Alliance of Methadone Advocates for certification as a Certified Methadone Advocate (CMA). I understand that the credentials provided certifying status as a Certified Methadone Advocate (CMA) are the property of the National Alliance of Methadone Advocates (NAMA) and can be revoked at anytime by the National Alliance of Methadone Advocates.

\_\_\_\_\_ I have completed all training requirements.

\_\_\_\_\_ I support the Goals of Methadone Advocacy.

\_\_\_\_\_ I agree to abide by the Code of Ethics.

\_\_\_\_\_  
Signature

I am sending my application electronically and in place of my signature typing my name. This is equivalent to my signature and is an official application.

\_\_\_\_\_  
Name First Last

\_\_\_\_\_  
Organization

\_\_\_\_\_  
Address

\_\_\_\_\_  
Position

\_\_\_\_\_  
City State Zip code

\_\_\_\_\_  
Hm. Telephone

\_\_\_\_\_  
E-mail

**Mail completed application to: NAMA Recovery  
CMA Training  
435 Second Avenue  
New York, NY 10010**

## CMA TEST 2009

NAME: \_\_\_\_\_

Answer each question to your best ability and put the answer in the far right column.

1	<p>Dr. Dole postulated that opiate dependence is a metabolic disease. This was confirmed by:</p> <ol style="list-style-type: none"> <li>1. Discovery of RNA at Rockefeller University.</li> <li>2. Mapping of the gene (Human Genome Project).</li> <li>3. Discovery of Opiate Ligand-Receptor System.</li> <li>4. All of the above.</li> </ol>	
2	<p>Which of the following is true.</p> <ol style="list-style-type: none"> <li>1) Dolophine was named after Dr. Dole.</li> <li>2) Dolophine was named after Adolph Hitler.</li> <li>3) Dolophine is an Eli Lilly Trade Name.</li> <li>4) Methadone was named after jet fuel.</li> </ol>	
3	<p>Select all that apply. Drs. Dole and Nyswander can be attributed for:</p> <ol style="list-style-type: none"> <li>1) Developing a modern theory of addiction.</li> <li>2) Bring the treatment of addiction back to the medical profession.</li> <li>3) Postulating opiate receptors and the first study to find them.</li> <li>4) Developing the first medical based taper program in a prison.</li> </ol>	
4	<p>The following is true or false. The Endorphins, Enkephalins and Dynorphins are peptides with opiate action that exist in several forms.</p>	
5	<p>Fill in the sentence below (there are several answers).</p> <p>Opiate dependence is a _____ disorder.</p>	
6	<p>The basic goal for any Pharmacotherapy, including medication to treat an addiction is:</p> <ol style="list-style-type: none"> <li>1) Get patient to normal function without medication.</li> <li>2) To keep the patient maintained.</li> <li>3) Restore patient to normal physiological function.</li> <li>4) Prevent crime.</li> </ol>	
7	<p>On May 18, 2001 a New Rule was published in the Federal Register changing the federal oversight of methadone treatment from the FDA and DEA to:</p> <ol style="list-style-type: none"> <li>1) ONDCP and DEA.</li> <li>2) AMTA and DEA.</li> <li>3) Just the DEA.</li> <li>4) CSAT and DEA.</li> </ol>	
8	<p>There are 8 criteria that a patient must meet to be eligible for unsupervised medication, list two of them:</p> <ol style="list-style-type: none"> <li>1. _____</li> <li>2. _____</li> </ol>	
9	<p>Is oral fluid acceptable use for clinical drug testing on opioid treatment programs under Federal rules? (True/False)</p>	

10	The state individual in charge of methadone and buprenorphine is called: 1) State Methadone Authority (SMA). 2) Drug Treatment Public Health Officer. 3) State Opioid Treatment Authority (SOTA). 4) Opioid Treatment Authority (OTA).	
11	The following statement is true or false. Recovery is self-directed and empowering. There are many pathways to recovery.	
12	Select from the list below elements that are part of a Recovery Oriented System of Care. 1) 1 Patient focused. 2) 2 Individualized. 3) 3 Continuity of care. 4) 4 Strength-based.	
13	When doing any media project from a LTE to a live interview which of the following should you know? (Select as many that apply) 1) The subject. 2) The producer, editor, interviewer, etc. 3) The audience. 4) Kind of media being used (i.e. newspaper).	
14	What kind of media is easier to control the message? 1) 1 Fixed media. 2) 2 Live media.	
15	Media campaigns can be quite effective and one person can do a lot to make a difference. Select the methods discussed to counter negative methadone media. 1 Set up Google News Alerts. 2 Start an advocacy group. 3 Join and visit methadone forums to keep up with the issues. 4 Attack anyone writing something negative about methadone.	
16	The following statement is true or false. Advocates work in many areas from policy issues to helping individual patients. In all matters the rights and dignity of the patient is paramount.	
17	The following is true or false. It is not unusual for a patient to come to an advocate for help with a problem at the clinic. The role of the advocate is to find a compromise that is acceptable for the patient and the program.	
18	The following statement is true or false. ONLY methadone patients can be true advocates.	
19	The following statement is true or false. Certified Methadone Advocates are bound by the confidentiality regulations 42 CFR just like clinic staff.	
20	List 3 myths about methadone 1. _____ 2. _____ 3. _____	

Bonus Questions (5 points each to add to your score)

1. What does MARS stand for in the MARS Project.
2. True or false. At the AATOD Conference NAMA announced that it was changing it's name to: National Alliance for Medication Assisted Recovery or NAMA Recovery.

Special Bonus Question (5 points to add to your score)

1. What color was the room where the training was held.