OBAT Guidelines Massachusetts

Suspend the UDT monitoring requirement to process a refill until return to in-person visits.

- Nurse calls each patient to let them know the prescriptions are being sent and do a phone/check in visit writing a note and que up the prescription to the pharmacy
- Ask if they need narcan
- Assess mental health needs and/or recovery specialist support and access per site guidelines/protocols
- BMC OBAT is increasing the length of all prescriptions up to 28 days provided the patients feel they can safely store and manage the medication. Reviewing with them in detail concerns/challenges if the prescription is lost or stolen.
- Adding 5 refills to the prescriptions of those who require weekly prescriptions to avoid inability to access medication.
- We connected with the distributors to ward off supply issues and hopefully this will resolve those issues.
- MassHealth has agreed to allow for early refills, however, please note they cannot get the 90-day supply on any medication that is on the PDMP.
- Patients on injectable medications that want to come in we will accommodate or if they rather not move to SL or oral and resume post COVID
- We also may need to think about pharmacy changes for patients who now may want to use a pharmacy closer to their home and will make changes to accommodate this.